



INTERNATIONAL NURSES' DAY NEWSLETTER

OF THYOLO NONM CHAPTER

By Ken Kawonga

No one can talk about the history of nursing without mentioning Florence Nightingale. She was the founder of the nursing profession.

On 12 May every year nurses celebrate in memory of her remarkable contributions to the profession.

On this day, this year, Thyolo NONM chapter just like other chapters sent eight delegates to Lilongwe for the national gathering, whose accommodation and transport expenses were taken care of by management after proper dialogue and understanding between NONM leadership and management. Apart from coming up with two best nurses this year, Thyolo NONM Chapter also scooped an award as the most Innovative NONM branch of this year, 2022.

to page>>4

NONM TALKS REFORMATION

The National Organization of Nurses and Midwives of Malawi (NONM) has expressed desire to turn things around in the nursing and midwifery profession to bring back the profession's old glory and reputation.

Speaking in an interview in Lilongwe at the International Nurses' Day Commemorations, NONM president, Shouts Simeza, said NONM is aware of the misconducts that nurses and midwives do at times and they want to make things right.

He said: "In as much as the theme this year is talking about investing in nursing and midwifery but we also appreciate that we have these professional and ethical issues that are limiting us to reach out to authori-

ties, the public, etcetera."

"Use of phones is just one example of misconducts but we have so many issues that the public has raised including the way nurses put on uniform, that nurses sleep on duty during night shift, etcetera," he added.

According to Simeza the International Nurses' Day Celebrations were done like a conference this year because they wanted to discuss malpractices done by nurses and midwives themselves that are tainting the profession.

Professor Address Malata who was the guest of honour at the event concurred with Simeza saying nursing and midwifery is not just another job but a calling. She said: "We also

to page>>2

PAGE 1<<NONM TALKS REFORMATION



**We need to regulate the profession—
Malata**



**these professional and ethical issues
are limiting us to reach out to authori-
ties— Simeza**

talked about investment into regulation. We need to regulate the profession, what nurses do. The way they look after patients. There are a lot of complaints out there and I pleaded with the nurses to know that they are there to look after patients, to look after families and therefore they need to guard their ethics. Professionalism is very important; the way they speak, the way they act. Even just a simple smile is very important."

"So, it means those of us who are in the academia should actually look at issues of ethics and professionalism in a critical way because attitude matters. It's not about the quantity of nurses but quality, more particularly in the way these people look after patients and the nation as a whole. They should be those type of nurses that people should say, I will go to this facility because the nurses and midwives have a caring attitude."

According to a communication which NONM Magazine has seen the International Nurses' Day Taskforce and other stakeholders will continue meetings to work on the action points to achieve the desired end. The International Nurses' Day this year was celebrated under the theme "Nurses: A Voice to lead – Invest in Nursing and Protect Rights to Secure Global Health."



**Student Nurses showcasing posters during the
2022 IND event**

ACTIVITIES IN PICTURES



Vera Kaudzu from Malawi Liverpool welcome trust receiving her best nurse award during the 2022 IND event at capital hotel marquee



Nurses citing the nurses pledge and singing the nurses song during the candle lighting ceremony at capital hotel marquee, 2022 IND

WHAT MADE US WIN?

Increased membership from 38 -80% within a year. Thyolo district uses different platforms to recruit members; CPD, General Nurses meeting and peer to peer campaign.

The district has vibrant Care of Carers program which indirectly attracts interest of nurses to join NONM.

The district has a strategic plan which guides its activities.

It is also able to host nurses' annual events e.g. (get together party)

On IGAs, the district branded shirts which are unique for the district which are sold apart from selling other NONM branded items

Thyolo NONM chapter successfully managed to lobby for support from well-wishers to a patient (an orphan with multiple medical condition) who is now doing fine.

We have also managed to re build the rapport with DHMT in working together to achieve a common goal which is achieving good welfare of all nurses and patients.

Feedback and way forward

We are very excited to have received the most innovative branch award, all of us as branch members and DHMT. Executive resolved to respect district policy on how to handle the trophy. By default, all trophies are the property of the office of the DHSS. We therefore had hand-over ceremony of the trophy to Thyolo DHMT. The trophy is currently being kept by DHSS office but later will be kept in the Matron's office.



Presentation of the trophy to DHMT (Branch Chair - K. Kawonga handing over the trophy to the DHSS- Dr A. Jumbe, far Lt is PHSA- Mr. Phiri and far RT is DNMO- Mrs Gausi)



Lt. Vice Branch Chair Mr. B. Malombe receiving the award from Guest of honor on behalf of Thyolo branch



Best nurses pose for a group photo with the guest of honour, Malata at the 2022 IND event



Professor Malata handing over an award for the most innovative branch at the 2022 IND event

NURSES AWARDED FOR PROVIDING NURSING CARE BEYOND EXPECTATION AS BEST NURSES OF THE YEAR

FullName	Health Facility
Thom George Ngwira (RNM)	Mzuzu Central Hospital
Lucia Agness Mphotwa (NMT)	Mzuzu Central Hospital
Miriam Supalo Gondwe (RN)	Mzuzu Central Hospital
Glad Nyirenda (NMT)	Mzuzu Central Hospital
Wezzie Gondwe Tembo (RNM)	Karonga DHO
Wantwa Wyson Musachi (RN)	Karonga DHO
Thandiwe Mushani (NMT)	Mzambazi Community Hospital
Suzgo Zgambo (NMT)	Mzimba South DHO
Frank Mandala (RN)	Mzimba South DHO
Rhoda Chirwa (NMT)	Nkhatabay DHO
Luciano Mkwezalamba (RNM)	Nkhatabay DHO
Lea Chirambo (RN)	St Johns Hospital
Agness Chipapa Phiri (RNM)	David Goldon Memorial Hospital
Caroline Mponela (RN)	Mzimba North DHO
Allan Phiri (NMT)	Mzimba North DHO
Lusungu Mbizi (RN)	Ekwendeni Mission Hospital
Samson Odala (NMT)	Katete Community Hospital
Wyness Banda (NMT)	St Annes Community Hospital
Charles Botha (NMT)	St John of God College
Tiwonge Mwandira (RNM)	Embangweni Mission Hospital
Atusaye Gondwe (NMT)	Chitipa DHO
Lloyd Jimmy (RNM)	Chitipa DHO
Edmary Kalua (NMT)	Rumphi DHO
Estina Mtete (NMT)	Rumphi DHO
Lusayo Ghambi Mwagomba (RNM)	Ekwendeni College of Health Sciences
Lughano Nyirenda (NMT)	St John of God Hospitaller Services Lilongwe
Gloria Matewere (NMT)	Dedza DHO
Giff Phiri (NMT)	Dedza DHO
Wisdom Kumwenda (NMT)	Lilongwe DHO
Gladys Munthali (NMT)	Lilongwe DHO
Evelyn Masiku (NMT)	Lilongwe Adventist Hospital
Edina Taulo (NMT)	John Hopkins
Vella Chizonda Kaudzu (RNM)	Malawi Liverpool Welcome Trust
Chikondi Namakhula (NO)	Malamulo Mission Hospital
Regina Gondwe (NMT)	St Andrew Hospital
Annie Kachingwe (NMT)	Nkhamenya Mission Hospital
Esther Banda (NMT)	Matiki Health Centre
Geoffrey Ndovie (NMT)	Nkhotakota DHO
MwaonANJI Banda (NMT)	Nkhotakota DHO
Zinc Chilenje (NMT)	Dowa DHO
Susan Kamanga (NMT)	Dowa DHO
Dennis Gunsalu (NMT)	Ntchisi DHO

To page >>7

Page 6<<NURSES AWARDED FOR PROVIDING NURSING CARE BEYOND EXPECTATION AS BEST NURSES OF THE YEAR

Loveness Mbewe (NO)	Ntchisi DHO
George Ridi (NMT)	Salima DHO
Wezzie Mwalyambwile Misomali	Salima DHO
Geofrem Godbless Dzuwa (NMT)	Kasungu DHO
Wilnerd Kapaza Msiska (NMT)	Kasungu DHO
Violet Mayani Duwe (NMT)	Madisi Mission Hospital
Denis Cholomali (RNM)	Mulanje DHO
Brenda Misomali (CMA)	Mulanje DHO
Faliof Mkhwakwatu (NMT)	Balaka DHO
Felix Kamchira (RN)	Balaka DHO
Jessica Botha (NMT)	Comfort Community Hospital
Chikondi Mutholo (NMT)	Mangochi DHO
Joyce Gawani (NMT)	Machinga DHO
Daisy Nkosi (NMT)	Zomba Mental Hospital
Christopher Nyondo (NMT)	Zomba DHO
Mavuto Pangani (NMT)	Holy Mission Hospital
Veronica Balala (NMT)	Mulanje Mission Hospital
Jane Victor (NMT)	St Lukes Mission Hospital
Linda Chitsulo (NMT)	Mulibwanji Mission Hospital
Florence Milanzi (NMT)	Zomba Central Hospital
Mercy Chimaliro (RNM)	Zomba Central Hospital
Mphatso Makungwa (NMT)	Zomba Central Hospital
Halima Kapire (RNM)	Zomba Central Hospital
Doris Nyirongo (NMT)	Mlambe Mission Hospital 2
Sophie Makwangwala (RNM)	Kamuzu Central Hospital
Chancy Chinokola (NMT)	Mchinji DHO
Eliness Longwe (NO)	Mchinji DHO
Steve Banda (NMT)	Partners In Hope
Salome Manyau (NMT)	Nkhoma Mission Hospital
Beatrice Misomali (NMT)	Child Legacy International Hospital
Clara Loga (ENM)	Likuni Hospital
Monica Mtambo (NMT)	St Gabriel Hospital
Alice Munthali Ngondya (NMT)	Kabudula Community Hospital
Priscilla Milongo (NMT)	LightHouse Lilongwe
Dingani Kamanga (NMT)	Ludzi Hospital
Christopher Bicycle (NMT)	African Bible College Clinic
Ephraim Kanyumbu (NMT)	Mlale Community Hospital
Herbert Mumba (NMT)	Ntcheu DHO
Velina Lumwira (NMT)	Ntcheu DHO
Dennis Chimwaza (NMT)	Kamuzu Central Hospital
Ellen Mugaba (RNM)	Daeyang Luke Hospital
Patricia Palimtima (NMT)	Guillime Hospital

Page 7<<NURSES AWARDED FOR PROVIDING NURSING CARE BEYOND EXPECTATION AS BEST NURSES OF THE YEAR

Daphine Khosa (NMT)	Our Lady of Mount Camel Hospital
Mary Magombo (NMT)	GoodHope
Carolyne Mkandawire (SNO)	Malawi Blood Transfusion Services
Alice Msoka (NMT)	MUA Mission Hospital
Lyford Maloni (NMT)	Chikwawa DHO
Bruno Francis Malombe (NMT)	Thyolo DHO
Lonely Kwacha (CMA)	Thyolo DHO
Yohane Banda (NMT)	St Joseph Mission Hospital
Chifuniro Kanyoza (NMT)	LightHouse Blantyre
Happy Alli (NMT)	LightHouse Blantyre
Elizabeth Chiomba (NO)	Nsanje DHO
Chikondi Mchenga (NMT)	Nsanje DHO
Chimwemwe Duwa (RNM)	Mwaiwathu PVT Hospital
Pilirani Iddih Dickson (NO)	Neno DHO
Maureen Thomas (NMT)	Neno DHO
Innocent Yamikani Juma (RNM)	Mlambe Hospital
Angellina Sophie Nambazo (NO)	Mercy James Paediatric Centre
Ellen Mpunga (NMT)	Chiradzulu DHO
Fredrick Chimteka (RNM)	Chiradzulu DHO
Leah Khumbitsa (NMT)	Mwanza DHO
Yowoyani Nkhonjera (NMT)	Mwanza DHO
Chatinkha Banda (NO)	Queen Elizabeth Central Hospital
Ziphilly Chiumia (NO)	Queen Elizabeth Central Hospital
Anele Mwale (NO)	Queen Elizabeth Central Hospital
Enlyce Beula (SNMT)	Queen Elizabeth Central Hospital

MOST IMPROVED ZONE AWARDEE

Central west zone

MOST INNOVATIVE BRANCHES AWARDEE

Thyolo DHO

Kamuzu Central Hospital

Child Legacy private hospital

MOST IMPROVED BRANCH AWARDEE

Blantyre DHO



**NONM
NEC mem-
bers at the
2022 IND
Event**

**The Former
Official Host-
ess of Mala-
wi , Cecilia
Kadzamira
making a few
remarks at
the 2022 IND
event**



**Special guests singing the nurses song at the
2022 IND Event**



The guest of honour, Prof. Malata checking out pavilions on arrival at the IND event, 2022

Nurses making comments during action points at the IND event, 2022



Nurses listening attentively to presentations at the 2022 IND event



The acting Executive Director of NONM during action points at the 2022 IND event



Prof. Malata with the senior banker assurance and retention manager old mutual at the IND Event, 2022



Nurses at ST Michael's Guillemme Community Hospital pose for a picture after cheering the sick during the 2022 IND celebrations



Nurses having a moment of silence for their fellow nurses that lost their lives during the COVID-19 pandemic

HIGHLIGHT OF THE 2022 IND THEME***“NURSES: A voice to Lead-Invest in Nursing and respect rights to secure global health”***

The system as a whole should invest in nurses and midwives, provide better working conditions, better salaries so that nurses and midwives are motivated. Nurses and Midwives have the right to Personal Protective Equipment (PPEs). Securing global health refers to universal coverage which include accessible, affordable and quality health. Nurses and midwives are a force to reckon with. A nation cannot achieve universal coverage if nurses and midwives are not at the center of it all, therefore additional nurses and midwives need to be recruited.

***Shouts Simeza
NONM President***